

Indoor Seed Starting Guide

My Last Frost: _____

| <i>Plant</i> | <i># Weeks to Start Indoors Before Last Frost</i> | <i>Date to Start Seeds</i> | <i>When to Transplant Relative to Last Frost</i> | <i>Transplant Date</i> |
|--------------|---|----------------------------|--|------------------------|
| Artichoke | 8 | | On last frost | |
| Basil | 6 | | 1 week after | |
| Broccoli | 4-6 | | 2 weeks before | |
| Cabbage | 4-6 | | 4 weeks before | |
| Cauliflower | 4-6 | | 2 weeks before | |
| Celery | 10-12 | | 1 week after | |
| Cucumber | 3-4 | | 1-2 weeks after | |
| Eggplant | 8-10 | | 2-3 weeks after | |
| Kale | 4-6 | | 4 weeks before | |
| Lettuce | 4-5 | | 3-4 weeks before | |
| Melon | 3-4 | | 2 weeks after | |
| Onions | 8-10 | | 4 weeks before | |
| Parsley | 9-10 | | 2-3 weeks before | |
| Pepper | 8 | | 2 weeks after | |
| Pumpkin | 3-4 | | 2 weeks after | |
| Spinach | 4-6 | | 3-6 weeks before | |
| Squash | 3-4 | | 2 weeks after | |
| Tomato | 6-8 | | 1-2 weeks after | |
| Watermelon | 3-4 | | 2 weeks after | |

**Checkout
Books &
TFL Merch**

